Choking, Suffection, & Sterangulation

Melanie and Lindsy (both 17 years old) are babysitting Billy, Joe and Mary (all 5 year olds). While Melanie and Lindsy are talking, Billy finds some marbles and puts three of them in his mouth. Mary goes to the window and starts playing with the drawstring on the curtains. Joe is quietly watching television. Melanie glances at Billy and notices what he is doing. She runs to him and makes him spit the marbles out. Meanwhile, Lindsy glances at Mary and Joe. She runs over to where Mary is and quickly places the window drawstrings up high where the kids can't reach them. Melanie and Lindsy gather the three kids and go outside to play on the swing set.

List the hazards in the story. What could have happened to Billy or Joe if the babysitters hadn't

taken action?







Produced by McChord Air Force Base Fire Department

Choking, Suffection, & Strangulation

The Prevention Detective WORD SEARCH



Find the words in this list and circle them in the puzzle below:

AIR BITES CHOKING

DANGERS EATING ENTANGLED

FOOD HAZARDS PREVENTION

SAFETY STRANGLE SUFFOCATION

TRAPPED STRANGULATION

 N S T R A N G L E D R C H

 E O W C H E W C H E I E

 N O I T N E V E R P A N H

 D D W T Y C Y O U P T G A

 O R A F A T H O O A D N Z

 O Y O N E L S O N R B I A

 F Z S F G E U G K T A T R

 P Y A L T E L G B I C A D

 Y S F I U E R F N X N E S

 V Z B V D W L S N A E G C

 E M D T Y G V H Y S R J A

 S U F F O C A T I O N T V

 D D U O Z W C I Y L F S

After completing the word search, write the hidden message in the blanks provided. Use the letters that were not circled during word search.

Choking, Suffocation and Strangulation

Can you answer these?

Match the following words to their definitions.

- 1. _____ This results when someone swallows something that blocks their airway.
- 2. _____ This results when something is tightly wrapped around someone's throat.
- This results when something covers your mouth and nose and you cannot breathe. It can also happen when all the air in a small space is used up.

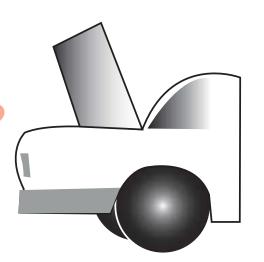
- A. Suffocation
- **B.** Choking
- C. Strangulation



Answer Key: 1. B 2. C 3. A

Read the following sentences. Write 'T' for true if you agree with the statement or 'F' for false if you disagree.

- 1. ___ Taking a big bite of a hotdog and swallowing without chewing, could cause choking.
- 2. Hiding in the trunk of a car while playing hide-n-seek could cause you to suffocate.
- 3. ___ Upon finding a jump rope, you wrap it around your neck. It pulls tight and you can't breathe. This is an example of strangulation.
- 4. ___ Window blind cords and drawstrings on clothing can strangle a child.
- A plastic bag can be a suffocation hazard.
- 6. ___ Things that can block your airway are very dangerous because they may make it so you are not able to breathe.
- 7. Eating as fast as possible is always safe.
- Necklaces are always safe to wear while playing.
- 9. ___ You should remain seated while eating.
- 10. ___ Never tie things around your neck tightly.



Safety Craft



Make a safety bookmark using heavyweight paper. Select a safety message below:

Never put anything but food in your mouth.

Take small bites.

Chew, chew, chew your food.

Do not run or play while eating.

Decorate the bookmark with colored pens, pencils and stickers. Give the bookmark to a family member, friend or keep it for yourself.

Synonyms

Write the synonym for each word listed below. Use a thesaurus or dictionary for help.

1.	choke	
2.	suffocate	
3.	hazard	
4.	prevent	
5.	careless	
6.	chew	

. T 2.T 3.T 4.T 5.T 6.T 7.F 8.F 9.T 10.

Answer key: